

# Ruah sur Totho Thlichia Hrannak

## Ralring tein Umnak kong Cheknak cazin

Ruah sur Totho thlichia hrannak cu tek he tthihnungmi thlichia an si. Tek tlak nih a ithah khawh.

Ruah sur Totho thlichia hrannak nih zungzal in mah pawl hi a pu:

- Thingkum, electrik tung hri, le leng inn (mobile home) pawl a rawhter/tlukter khawhmi thli hrang pawl
- A khul a rang mi tilian a chuahtermi fak tuk hringhranin ruahpi a surmi
- Totho (Tornadoes) pawl
- Mei a chuahtermi tek tlaknak
- Damaging hail

Hrawhtertu rial Sihmanhselaw itimh dingin cawlcanghna kan tuah kho. Mah le mah le na dawtmi hna, le na inn hunphenh dingin atuah hin itimh tuah.



## Zeidah tuah a herh: A Hlan ah



### A Fekmi/Derhawm lomi Inn hngal cun Drills kha thiam dingin tuah lengmang

- Ruah sur totho thlichia hrannak a phak hlan ah a fakmi inn ah na luh a herh. A fakmi inn timi cu vampang pawl le hram a ngeimi inn sakning a si. A fakmi inn na thim/hngal cang tikah, inn tang khaan (basement) silole thlangawng a ngei lomi khaan hme chungah a fakmi thlitu sin a chapmi hunphenhna ngeihna hnga i dor dingah itimh. Nikhua kong chimchungnak nih kirtthan dingah a him tiah a chim tiang chunglei ah um ding kha itimh.
- Thlitu fakpi a hrangmi ah mobile, seh in thil sermi, leng inn, le hrimh thannak he aa pehtlaimi thil phorhna pawl (RVs) kha an him lo. Cu pawl pakhatkhat ah na um ahcun, khulrang tein na luh khawhna ca a velchum ah a fekmi inn na kawh hngal a herh.
- Mah drill pawl hi na chungkhar dihlak he hngal khawhna hnga tuah lengmang, ahopah nih ruah sur totho thlichia hrannak a rak phanh hlan ah khuazei ah kal awk le zaidah tuah a herh timi an hngalhnak caah.



### Midang he ipehtlaih kha iTimh.

- Na umnak hmun cozah sin in a lak a simi khulrang ralrinpeknak kha sign up tuah.
- Mah umnak nikhu le thawngpang kha ttha tein zoh.
- Na fawn kha tling tein charge dingah itimh.
- Elektrik chuahna thihna a chuah sual ahcun, betteri a hmanngmi radio pakhat ngei law.
- Na hmu dingmi ralrinna phun dangdang kha hngalthiam cun leh dingah itimh:
  - VENNAK sullam cu **I Timh!**
  - RALRINNAK sullam cu **Cawlcanghna Tuah!**



### Khulrang thil a hung um tik i Thiamnak pawl kha cawn

- First Aid (Khawnden sual i i Thlop Hmasa biknak) le CPR (Thawdawp/chuah kong i minung bawmhna) kha cawn.
- Inn i hmanmi thil pawl cu hmih a si lai. Mei (power), gas, le ti lo tein um itimh. Cell phone pawl le silei thilthuum telin na electrik herhmi pawl caah itimh.



### Na Inn kha Hunphenh

- Thlitu fakpi a hrang lio ah na thlangawng lam in thlitu nih a chawih silole a hlonh tlaw lonak hnga na inn lenglei i ummi thilri pawl na tem siloah na hlonh dingmi kha cazin tuah. Thlitu a hrang tikah, a Fak ngaimi ruah sur totho thlichia hrannak, asiloah Tornado Vennak cu thanh a si, rawhralna silole hmaputna ihrial dingah mah thilri pawl hi thli a hung karh thawk tik caan ah khulrangin/ hmakhatte in hunphenh tuah.
- Na inn cungah a tla khomi inn hnaih ah a ummi thingkung pawl kha tan asiloah tamh tuah.
- Tilam pawl, ti luannak kua pawl, le tidongpi tiang tein chiah peng.
- Keep drains, gutters, and downspouts clean.
- Tilian fawi tein a um khomi hmun ah na um maw timi kha zoh. Na um ahcun, mah pawl hi ruah:
  - Sump pump (Tilian i ti a tam tuk tikah aa dawpna) seh) kha betteri backup he chiah.
  - Lumna aa peknak ningcang, ti lumterna, le elektrik panel pawl cawina.
- Na inn aamahkhan pawlisi kha zohthhan. Tilian rawhralna ah huh na si maw timi chek tuah.

## Zeidah tuah a herh: Caan Chung



### Tek aa Awnh, Inn chungah Lut!

- Nihua kong ralrinnak le umnak hmun thawngpang kha ttha tein ngai. Nihua kong chimchungnak nih ruah sur totho thlichia hrannak a hrang lai a ti ahcun lenglei cawlcanghnak pawl kha hmailei caan tthawn.
- Tek thawng na thei ahcun, a fekmi inn chungah idornak ding kaw, cun basement silole dot niam bik akhaan chunglei ah itthial. Thalangawng le innka khar sin in hla pi ah um. Nihua kong chimchungnak nih kirtthan dingah a him tiah a chim tiang chunglei ah um.
- Inn chung ah na um hmanhah tek cu tti a nungmi a si.
  - Elektrik chuahnak he aa pehmi thilri pawl hmanna kha i hrial.
  - Ti a luangmi kha ihrial. Tek cu tidong tehna lam in le tilam in a kal khawh.
- Na umnak pawngkam ah ruah sur totho thlichia hrannak a um ahcun, ze hmun hmanh a him lo ti hngalh peng. Lenglei ah tek in a itlai ahcun, a himmi dornak lei ah kal/zam.

- Sheds, gazebos (thlam), dugout pawl, le bleacher (biachimnak khaan) pawl nih tek le thlitu fakpi chung in a phenh lo.
- Thingkung tang i idor kha tti a nungmi a si, tek tlaknak in thihnak hi a tam bikmi a si tawn caah. Thingkung pawl le thingnge thlitu nih a chawih tluk caah zawng na thi khawh silole hma na put khawh.
- Mawttaw chungah na um kha lenglei nakin a him deuhmi a si; sihmanhselaw, caan na ngeih ahcun, na naih bik i a fekmi inn ah mawng, cun chunglei ah i dor.
- Mawttaw na mawng i, a fekmi inn ah na luh khawh lo ahcun, dir ter law cun elektik tung hri le thingkung aa tluk tikah a denh khawh lonak ah chiah.
- A khul a rang mi tilian cu ruah lopi ah a hung um kho. Tilian ti nih aa iphak hlanah, hmun saang ah itthial tuah. Zeitik hmanah tilian tiah ke in kal hlah, lioh hlah, asiloah mattaw mawng hlah.  
**Kirtthan law! Pil Hlah!**

## Zeidah tuah a herh: Hnu ah



### Hma pu lo dingin ralring

- A tlumi elektrik tung hri, tung, le thirri kha hrial.
- Mah pawl nih khan dat an in leih kho. Na thilri company sin ah hmakhat tein theihternak tuah.
- Elektrik chuahnak thihnak ruah chung.
  - Mei tthih a nung caah phazawngdaing hmanna kha i hrial. Betteri a hmanmi meiinn le dahmei kha hmang deuh.
  - Carbon monoxide sivai a cang khonak kha ralring. Generator (mei chuahtu seh), grill, le camp meipung kha lenglei ah, thalangawng sin in hlatnak ah hmang tuah.
  - A ttha lomi rawl einak he mah le mah i zawtter hlah. A cinmi silole a lummi rawl kha hlonh. A ttha hnga maw ttha lo ti i lungawtawm na um ahcu, hlonh!



### Nangmah kha ttah tein i Zohkhenh

- Lungput ttha lo, hneknak silole lungretheihnak ngeinak cu a si tawnmi punghman thil a si.
- Ngan a dammi eidin/rawl kha ei, na hneknak zohkhenh dingah a za mi caan chung kha ih.
- Disaster Distress (Vanchiatnak Ttihpahnak) zung Kawhnak kha midang he ichawnh na duh ahcun man loin na pehtlai khawh. **1-800-985-5990** ah rak kan pehtlai asiloah ca kan kuat law.

Prepare so you can protect.

| Thawngpang tam deuh theihnak ah, [redcross.org/prepare](https://redcross.org/prepare) ah kal

| Emergency App download tuah

